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Harrietsham Network is published by the Harrietsham Fish Scheme

Network Magazine September 2024 deadlines:-

Thursday 1 August 2024 12 noon advertising and copy deadline for September Network.

In addition to printing the magazine and distributing it to all homes in the village, Network is uploaded to our website by the 1st of each month.

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Please send copy to: <u>editor@harrietshamfishscheme.org</u>.

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Message From the Editor

Welcome to the August 2024 edition of our Village Magazine, Network.

I would like to highlight the incredible work of our local volunteers who dedicate their time and energy to making Harrietsham a better place from a wide range of groups and societies. From maintaining our beautiful flower beds to organising community events, their contributions are invaluable.

As we soak up the sunshine (fingers crossed) and enjoy the longer days, let's also take a moment to appreciate what we have on offer in Harrietsham. Our village offers perfect spots for picnics, walks, and outdoor adventures. If you have any favourite hidden gems or scenic routes, I would love to hear from you and share your recommendations with the community.

Thank you for your continued support of Network. Your contributions, feedback, and enthusiasm keep our magazine thriving.

Cover photo by: Max Andrey: https://www.pexels.com/photo/sunflower-selective-focus-photography-1366630/

Please remember to email any photographs, articles of interest about Harrietsham, or anything else that could be considered for inclusion to:

E-mail: editor@harrietshamfishscheme.org

Visit our website: www.harrietshamfishscheme.org

Whilst every effort has been made to include as wide a variety of information as possible, the editor reserves the right not to publish, or to edit, any item. The editor's decision is final. Responsibility for the information and views set out in articles and notices in this publication lies entirely with the authors.

Any opinions expressed are those of the contributors and not necessarily those of the officers or committee of the Fish Scheme.

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Harrietsham Gardening Society

As mentioned in a previous edition of Network, a lunch was arranged for members at Stubbs restaurant in Kennington, Ashford. We opted for a fixed price lunch and both the food and service were excellent. A good time was had by all.



On Tuesday 18 June, the society held its Summer Show. Although the weather has not been great, there were still quite a few entries (see photos below).

Trophies were presented by our Chairman, David Oversby, to the following members:

- Deanna Dynes for Best Specimen Rose
- Angela Gatland for Best Exhibit in Show
- Judy Bacon for Most Points in Show.









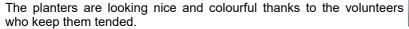
On Thursday 1 August some members will be taking a trip to Brogdale Farm in Faversham for a walking tour of their National Fruit Collection. This will be followed by afternoon tea.

Our next meeting, on Tuesday 20 August, will be our Annual Show. This will be for members only.

New members always welcome. Why not come along as a guest for just £2. If you would like to get involved in some of the social side of life please come along and see if we can offer some guidance and entertainment as well as meeting some of the village's more knowledgeable inhabitants.

Pamela Flawn - Secretary

Harrietsham In Bloom





We are grateful to everyone that has agreed to sponsor us again this year and to all those that contribute via the collection boxes or donations, we could not continue without your support. Our thanks also goes to an anonymous person who has also made a donation of £30.

Believe it or not despite the past rainfall we have had to pay a contractor to start watering the planters which is costly to do.

Compliments to private owners of planters that are putting on a good show.

The daffodils and tulips in the verges have now had a feed of Growmore to build them up for 2025 displays.

If you would like to become a volunteer we are grateful for any help. Enquiries to Andrew Rogers (Chairman) on 01622 859352.

Audrey Joy MBE

Harrietsham Short Mat Bowls Club



Since the last edition of the Network, we have played a return match against Hamstreet and taken part in home and away games in the Hamsteet Triples League with good performances from our club members who represented our club.

The return game with Hamstreet turned out to be a tense match that we just managed to win by eight shots. Hamstreet arrived with a strong team that included some county players, but after several close ends we were eventual winners after a total sixty-three ends and time almost running out. It was a competitive game, and as the Hamstreet team included an umpire, it was played strictly to the rules, as was evident when a foot fault was called for the slightest infringement of that rule. This just highlights how important it is to check the position of your foot on the mat when you deliver the wood, as we often take it for granted that we are standing on the correct spot.

We have started off our entry into the Hamstreet Summer Triples League with good results, having played four matches and winning three. We are second in the Table, four shots behind the leaders, this is an extremely good start to our new venture into competitive bowls so well done to those who have represented our club so far. With several matches to play, let's hope we can keep up the momentum and help to promote HSMBC.

Stay well and keep on bowling,

Harrietsham Lawn Tennis Club (Est. 1924) 2024 Centenary Year - August Update



August is our Celebration Month - do come along and join us.

Centenary Celebration Day - Saturday August 17 from 2-4pm. This will be a FREE event with a Bouncy Castle plus fun & games for all the family. We have the use of the Village Hall so even if the weather misbehaves the special celebrations will continue!

If Wimbledon has inspired you to play some grass court tennis why not make use of our **Special Centenary Subscription rate for families** – only £5 for the whole season- do get in touch if you are interested.

Families are very welcome to come along and give grass court tennis a try anytime – just turn up, all equipment can be provided. Normal playing times for Members from 2pm on Sundays and with Club evenings on Tuesdays & Thursdays from 5pm. Members can also play at any other time during the week.

For further details please ring Andrew on 079000 23399 or visit our website harrietshamlawntennisclub.weebly.com

Andrew Rogers - Tennis Club Chairman

Quiz Corner

Round 10

- Lewis Hamilton was named after which other sportsman?
- 2. Who was the first British golfer to win 'The US Masters'?
- 3. In 'The Lion King' what type of animal is Timon?
- 4. What science deals with the motion of projectiles?
- 5. How did Van Gogh end his life?
- 6. What was comedy actor Oliver Hardy's real first name?
- 7. Who is considered to be the Patron Saint of children?
- 8. What item of clothing was named after its Scottish inventor?
- 9. What is Princess Aurora's better known name?
- 10. How many 'diamonds' are found on a standard pack of cards?

Answers on page 16

Parish Council News

Harrietsham's Parish Warden

Further to the article placed in the June edition of Network, I can now confirm the contact details for our Parish Warden. Martin Sherwood's new details are as follows:

Mobile telephone number: 07724 544409

Email address: warden@harrietshamparishcouncil.gov.uk

Martin is part time and will usually be available on Monday, Wednesday and Friday. If you contact him outside of his usual working hours, he will respond during his next scheduled day in the village.

Rural Hedge Cutting

The Parish Council will be arranging the hedge cutting service again this year in November. If you wish to have your name added to the list, please contact the Clerk. There is a charge for this service and, if you are new to the scheme, the contractor will be able to give an idea of the cost before work commences.

Please note that you will still need to add your name to the list, even if you have used the service in the past.

Parish Councillor Vacancies

The Parish Council currently has 2 Parish Councillor vacancies. If you would be interested in being co-opted into the role, or would like further information on what is involved, do please contact the Parish Clerk.

Amanda Broadhurst - Parish Clerk 01622 850089 clerk@harrietshamparishcouncil.gov.uk

Postal Address: 4 Southfields Way Harrietsham MF17 1GF

Countryways Quilters and Stitchers

In August and September we will be taking our meetings out into the garden. Actually our member's home gardens, if all goes well. Weather is a factor in some instances, too hot or too wet can cause a cancellation. So you need to be on my email list to get last minute details of location. Tea in the garden is a lovely summer pastime.

In August we will be doing slow stitching with assorted scraps of fabrics blended with pretty embroidery accents and embellishments of lace and beads or little treasures. All hand stitched. Using some of those embroidery stitches we practiced last month.

We meet this month on 6 and 20 August and I do hope you'll come join us and try your hand at something new or just enjoy the company, have a chat and a cup of tea. An enjoyable way to spend an afternoon

We have our meetings on the first and third Tuesdays of every month except December and would love to see you.

We meet usually in the Osbourne room in the Lenham Community Centre from 1:30 to 4:30.

If you would like more information on our group or would like a copy of our 2024 Program please contact me, Pamela Gillard at 01233-877453 or e-mail moonbeamspinner@gmail.com

Pamela Gillard

Help Needed

The Fish Scheme delivers a magazine to every household and business in the village.

We are so grateful to all those who make this possible.

I need just one more volunteer to deliver 59 magazines to BLUEBELL WALK on the A20.

It takes no more than an hour. It would be ideal if a resident from Bluebell Walk could do this, but not a necessity.

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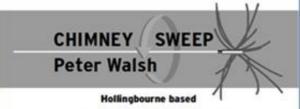
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Borough Council Corner

June has been mostly taken up by bins of all colours. We cannot apologise enough for the poor service that most of the ward experienced.

The situation has improved for many, however, at the time of writing there are still areas and individuals that are experiencing missed and delayed collections. We hope that this has been resolved by the time of reading!!

We hope that the new administration will bring in changes to make reporting online easier for issues that concern residents. The phone number for MBC is 01622 602000

Many Harrietsham residents attended the Save our Heathlands public meeting which was a great success with Steve Heely giving a clear outline of where the situation currently lies. Those on the panel Helen Whately, Stuart Jeffrey, new leader of the council Shellina Prendergast, KCC Councillor and John Britt Chair of Lenham Parish Council gave their view, and the meeting was organised well to allow questions to them from the public. It was clear that those attending were upset with how the plan had been pushed through and also spoke of the very poor treatment that some of the landowners in Lenham Heath had received.

We continue to work alongside SOHL, Lenham and Harrietsham Parish Councils to fight this dreadful proposal in any way we can .

We were pleased to be invited to the recent Patient Participant Group PPG where some of the results were shared from the recent survey that took place at the Showcase day and the older peoples hub. More on this is included in the PPG article.

We continue to work alongside the Parish Council and our new Parish Warden Martin on a wide variety of issues.

If you need us, here's how to get in touch

Your independent councillors for Harrietsham Lenham & North Downs Ward Cllr Kathy Cox kcox.mbc@gmail.com 07724021659 Cllr Janetta Sams janettasamscllr@gmail.com Cllr Tom Sams tomsamscllr?@gmail.com

01622 859412/07891901831

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Quiz Corner Answers

Harrietsham Village Hall Trust Job Opportunities

Are you a dedicated and reliable individual with a knack for keeping spaces clean and well-maintained? The Village Hall Trust is looking to employ 2 new members of staff to join the team, working on a job share basis, to oversee the day to day running of Harrietsham Village Hall.

Whilst the role will primarily be to carry out regularl cleaning and general maintenance, there will also be a requirement to oversee the day to day management of the hall. This will include meeting with contractors onsite, arranging various annual services within the premises and ordering supplies as required.

It is envisaged that the hall will have a member of staff in attendance across 6 days (Monday – Saturday), as part of a job share, with the workload being evenly distributed. Sunday will need to be covered as and when required. Each staff member will be employed for a minimum of 11 hours a week and the two successful candidates must be able to commit to covering each other's annual leave to ensure continued cover.

Key Responsibilities:

<u>Cleaning</u>: Maintaining cleanliness across the entire hall, including floors, kitchens, toilets and common areas.

<u>General Maintenance</u>: Handle minor repairs and routine upkeep to keep the hall in good working order.

<u>Daily Operations</u>: Oversee the day-to-day management of the hall, including ordering supplies, dealing with issues which arise and arranging services for equipment within the hall.

Applicants must be prepared to undertake an Enhanced DBS check and be able to provide a work history that confirms their competence to undertake the role advertised.

If you think you have the skills required and wish to take on an important role within the community, then please do email the Parish Clerk: clerk@harrietshamparishcouncil.gov.uk

Please add the subject heading 'Village Hall Vacancy'.







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North Downs Walk A great day and a great result



The Rotary Club of the Weald of Kent held its annual North Downs Walk on Sunday 9 June. We enjoyed ideal walking weather, the best turnout and one of the best results in recent years.

The event is a sponsored walk in support of Cancer Research UK and of the walkers' own choice of good causes. With a variety of routes from 1 mile (fully paved, therefore suitable for wheelchairs or baby buggies) to 9 miles including a climb up the North Downs, we attracted a full range of ages and abilities of walkers, including Guides, Air Cadets, keen hikers and some family teams. Almost 400 walkers had pre-registered and downloaded sponsor forms via the Weald Rotary website and many more entered on the day, making a donation to CRUK. There were over 450 walkers in total.

Early indications, based on the pledges on walkers' sponsorship forms are that the Walk will have raised about £24,500 once Gift Aid is included, of which about two-thirds will go to CRUK and the rest to causes nominated by the walkers.

Geoff Haffenden, president of the Weald Rotary Club, said, "This is a fantastic result and a real community effort involving the walkers, volunteers, local farmers and of course our sponsor. Well done everyone who made the walk happen."

Chas Bedford, chairman of the organising committee paid tribute to the small army of volunteers who acted as route marshals, greeted walkers at checkpoints, registered walkers and sponsor forms, and staffed the kitchen – producing 500 ploughman's lunches, strawberries and cream, and hot and cold drinks. "A lot of walkers have praised how friendly and professional our helpers were. I want to

thank all of them. I also want to thank Family Funeral Service, our event sponsor, who have underwritten all our expenses, meaning that every penny raised in sponsorship has gone to the charities and not to overheads."

Rotary is committed to protecting the environment; all of the disposable lunchboxes, cups and cutlery were Vegware compostables, and were accepted by KCC for composting. Other waste was separated into categories for recycling, leaving almost no 'general waste' going to landfill.

Weald of Kent Rotary have been running the North Downs Walk since 1985, missing only 2020 due to lockdowns, and plan to continue running it as long as there are walkers. Next year will be both the 40th Walk and the 50th anniversary of the club. The provisional date is Sunday 8 June 2025.



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 Captain
 Ken Leach
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 Captain
 Graham Cuthbert
 01795 886365

Bible Reading Fellowship

Co-ordinator Mrs J Bevan 01622 859310

Booth and Baldwin Charity

Secretary boothandbaldwin@hotmail.co.uk

Brownie Guides

Brown Owl Louise Ayres 07590 037693

Community Support

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Conservative Association

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Countryways Quilters

And Stitchers Pamela Gillard 01233 877453

Craft and Chat/Crafternoon/

Knit Crochet and Natter Hazel Roots 01622 851885

Cricket Club

Chairman Mr A Hubble 01622 859692

Cub Scouts

Leader Mrs A Seales 01622 859829

Explorer Scouts

Leader Mark Horlock 07789 226516

Friends of St. John the Baptist Church

Chairperson Audrey Joy 01622 850806

Gardening Society

Chairman Mr David Oversby 01622 859674

Girl Guides

Leader Andrea French 07901 667018

Golf - Bill's Round for Charity

Secretary Mr T Grimes 01622 850632

Harrietsham Academy of Ballet

Organiser Deborah Nankivell 07775 716714

Harrietsham History Society

Chairman Mr M Avis chairmanhhs@gmail.com

Harrietsham in Bloom

Chairman Mr A Rogers 01622 859352 **Harrietsham Preschool** Mrs Florence Sealy 07458 915213

Charlee Guy

Local Directory Ha-Z

Harrietsham Social Club

Secretary Jed Stone 07759 8771198/whipacres2@gmail.com

Harrietsham Ladies Group

(formerly Wives Group) Gill Whent 01622 859426

Health Walks

Organiser Ms M Darby 01622 850657

Helpers

Chairman Mr T Sams 01622 859412

Karate Club

Organiser Mr Lewin Tuckwell 07812 089304

Kent Messenger "Your Local Pages"

Village correspondent Charlotte Lingard miss_lingard@hotmail.com

Lenham and Harrietsham Youth Hub

Contact Katie at KCC 01622 755044

Liberal Democrat Assoc. Mr David Naghi 07970 626829

Parish Warden Mr M Sherwood warden@harrietshamparishcouncil.gov.uk

PTFA (Harrietsham School)

Chairman Vikki Beck harrietshamptfa@gmail.com

Rainbows

Leader Kate Davies 07971254029/beaukate@btinternet.com

Scouts

Group leader Mr E Seales 859829

Short Mat Bowls

Chairman Phil Gooda 01622851217/p.gooda@btinternet.com
Tai Chi Class Angela Akast 07754454030/akast.a@btopenworld.com

Tennis Club

Chairman Mr A Rogers 859352

The Lenham School

Head of School Mr Chris Foreman 858267

Ulcombe Preschool

Chairperson Helen Leat 07511657828/

ulcombepreschool@live.co.uk

Village Hall Booking Clerk 07393 030409

bookingclerkhvh@outlook.com

Wellbeing Community Group Ellie Stevens 07952 593655

wellbeingcg@outlook,com

Yoga Helen Kacperek 07762761905/helenpurpleyoga@gmail.com

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Len Valley Benefice August 24

Everybody is welcome



'The kingdom of heaven is like a mustard seed, which a man took and planted in his field. Though it is the smallest of all seeds, yet when it grows, it is the largest of garden plants and becomes a tree, so that the birds come and perch in its branches.'

Matthew 13:31-32

Sunday 4 August

9.30am Boughton Malherbe: Holy Communion (BCP)

9.30am Lenham: Breakfast Church

9.30am Harrietsham: Family friendly Morning Worship

11.00am Lenham: Holy Communion

Wednesday 7 August

9.30am Lenham: Holy Communion (BCP) **11.00am** Harrietsham: Chippendayle

Sunday 11 August

9.30am Harrietsham: Holy Communion9.30am Lenham: Breakfast Church11.00am Lenham: Holy Communion

11.00am Ulcombe: Holy Communion *with baptism* **6.30pm** Boughton Malherbe: Choral Evensong

Sunday 18 August

8.00am Lenham: Holy Communion (BCP) **9.30am** Boughton Malherbe: Holy Communion

9.30am Harrietsham: Holy Communion
9.30am Lenham: Breakfast Church
11.00am Ulcombe: Holy Communion
11.00am Lenham: Morning Worship

Sunday 25 August

11.00am Benefice Holy Communion at St Nicholas, Boughton Malherbe 'I am the way, the truth and the life'

Lenham Film Club

at Lenham Community Centre, Groom Way



Wicked Little Letters

Friday 9 August Performance begins 19.30, doors open 19.00

Running time 1 hr 40 mins

Our film for August is **Wicked Little Letters** (15, 2023) which is based on a true story from the 1920s. The seaside town of Littlehampton is hit by a plague of anonymous letters filled with such profanities that the town is in uproar. The conservative Edith (played by the one and only Olivia Colman) accuses Rose, her foul-mouthed neighbour, of being the culprit. But is Rose being wrongly accused? Led by policewoman Gladys, the town's womenfolk set out to discover the truth in the mayhem that has become a national fascination; as they investigate, they realise that something seems to be amiss. With the cast including Jessie Buckley, Eileen Atkins and Timothy Spall as well as Olivia Colman, watching **Wicked Little Letters** is a wonderful way to spend an August evening. Director: Thea Sharrock

Please be aware this film contains very strong language which will appear on screen, as we will show subtitles as usual.

Our September film, on Friday 13, **Green Book** is set in 1962 in the deep south of America and won a Best Film Oscar. A classical pianist teams up with a toughie from the Bronx. Save the date as this is unmissable!

Please get in touch for more information or to join our mailing list.

Admission: members £4, non-members £5, under 16 £2, under 5 free.

lenhamfilmclub@gmail.com

www.lenhamfilmclub.org

@lenhamfilmclub





The Friends of the Church of St John the Baptist, Harrietsham

Registered Charity No. 1090622

Ploughman's Platterday

We are sorry but we have to cancel our Ploughman's for August as we do not have enough helpers available. Hopefully we will see you all again in September.

Also, we were very sorry to have to cancel the Dr Jazz evening in July due to low sale of tickets. Thank you to all those who bought tickets to support the event. Your ticket money will of course be refunded.

100 Club Lottery Results

The results of the Ninety First Draw of the Friends of St John 100 Club drawn on Saturday 8 June 2024 by various diners at our Ploughman's Platterday under the supervision of Michael Gear (Independent Adjudicator) and Chris Roots (Promoter) are:

First Prize £80.50 – number 38 – Hazel Roots Second Prize £48.30 – number 2 – Ray Tong Third Prize £32.20 – number 145 – Pamela Flawn

There were 161 numbers included in the draw giving a prize fund of £161. The 100 Club Draw will take place in August as normal.

Future Events

The Invicta Concert Band will be coming to play for us on Saturday 21 September, tickets will be available very soon, and our Bingo Night will be on 26 October. We hope many of you will be able to join us for these two popular events.

If you would like further information or an application form to join either the 100 Club or as a Friend, please write to Chris Roots at friendsofstjohn@outlook.com or phone 851 885.

We hope you are enjoying the summer which was such a long time coming and have managed to relax and enjoy some sunshine! We look forward to seeing you all very soon.

Valerie Brown - Secretary

Local Churches

Parish Church of St John the Baptist

<u>Vicar</u>: Revd. John Huggins 01622 850280 vicar@lvb.org.uk (Day off: Wednesday)

Assisting priests:

Revd. Millie Hart 07766 555415 millie.hart@uwclub.net

Readers:

Pamela Cuerden 01622 859442 pamela@lvb.org.uk Benefice Office:

Sarah Hills 01622 850604 churchOffice@lvb.org.uk
For details of services see p.23

United Reformed Church

Week Street, Maidstone

<u>Minister</u>: Rev Andrew Royal

Sunday Service at 10.30am with creche. No evening service.
01622 686053

maidstoneurcoffice@talktalk.net

Baptist Church

Knightrider Street, Maidstone

Minister: Bill Miller
Office: 01622 686013
Sunday Services at 10.30am with creche, and at 6.30pm

www.maidstonebaptist.net

Bearsted and Thurnham Methodist Church

Bearsted (next to Station)
Minister: Revd. Robert Zachar
117 Crossways
Sittingbourne
ME10 4RN
01795 422573
Sunday Service 10.30am

Church of the Good Shepherd Roman Catholic Church

Rectory Lane, off East Street, Harrietsham

Parish Priest: Fr Geoffrey Pointer Deacon: Rev Cyril Durbin 736100 Mass every Sunday at 8.45am and Wednesday at 10.00am Holydays Mass 7pm

St Peter's Roman Catholic Church

Button Lane, Bearsted 736100 Confessions, Saturday 5 – 5.30pm Saturday Evening Mass 6pm Sunday Mass 10.30am Weekday Mass generally Monday and Tuesday 7pm and Friday 10am Holydays Mass 10am and 8pm

Pathways Church, Maidstone

1st and 3rd Sundays of each month at 10.30am in Lenham Community Centre. Wednesday evenings in homes in Lenham and Harrietsham.

<u>Church leaders</u>: Ben and Kaat Doggett <u>info@pathwayschurch.org.uk</u> <u>www.pathwayschurch.org.uk</u>

For all church services please see information on page 23 or contact your own church for up to date information.

Public Services and Emergencies Directory

Doctors' Surgery (Lenham and Harrietsham)	01622 858341
Dentist, Lenham	01622 858204
Dentaline (out of hours emergency treatment)	01634 890300
Saxon Warrior Pharmacy	01622 858287

Hospitals:

Maidstone ME16 9QQ	01622 729000
The Tunbridge Wells Hospital, Pembury, TN2 4QJ	01892 823535
William Harvey Hospital, Ashford	01233 633331

Councils:

MP - Helen Whately	01622 758053
Kent County Council	03000 414141
Maidstone Borough Council - all departments	01622 602000
Harrietsham Parish Council - Parish Clerk	01622 850089

Police:

Emergencies only	999
Non emergencies	101

Samaritans, 48 Grecian Street, Maidstone	01622 674444
Citizens Advice Bureau, 2 Bower Terrace, Maidstone	0808 2505704
Childline	0800 1111
KCC Children's Social Services	03000 411111
KCC Adult Social Services	03000 416161



Harrietsham History Society

We were planning to write about how things went with our stall at the Big Lunch event on the Glebe field which should have taken place on Saturday the 15 June but unfortunately this was cancelled due to the



state of the field and the forecast of bad weather on the day. This was a real shame as we had lots of information relating to the 80th Anniversary of the D-DAY landings to show everyone and lots of things organised to help the children understand the events of that memorable day, hopefully the event will be reorganised for a later date.

We do not have a meeting in August but hope you will make a note of our next one which is on Friday 20 September at 7.00pm in the village hall when our speaker, Bob Ogley will be giving a talk on "Doodlebugs & Rockets which were used in great numbers by Germany in World War 2.

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August 2024 Diary

Abbreviations:

Thurs Fri	1 2	7.30pm 10.00am	Harrietsham Short Mat Bowls Ladies Group Coffee Morning	HVH HVH
Mon Mon Wed Thurs Thurs Fri Fri	-	9.45am 2pm 7pm 7.30pm 7.30pm 7.30pm 10.00am 7.30pm	Lenham WI Harrietsham Short Mat Bowls	HVH HVH Scout Hut LCC HVH HVH LCC
Mon Mon Wed Thurs Fri	12 12 14 15 16		Harrietsham Short Mat Bowls Craft and Chat Harrietsham Short Mat Bowls	HVH HVH LCC HVH HVH
Mon Mon Tues Thurs Fri Sat	19 19 19 20 22 23 24	9.45am 2pm 2pm 7pm 7.30pm 10.00am 1.30pm	Harrietsham Gardening Society Harrietsham Short Mat Bowls	HVH HVH HVH HVH HVH LCC
Thurs Fri	29 30	7.30pm 10.00am	Harrietsham Short Mat Bowls Ladies Group Coffee Morning	HVH HVH

М	Tu	W	Th	F	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

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Concerned about rising food prices?

Anxious about having to stop working for a while?

Is your money not going far enough?



No savings!

If the answer to any of these questions is "yes" then the Culpepper Charity may be able to help.

Founded in the seventeenth century, the Culpepper Charity was created to help those people of Harrietsham with financial needs. It has been dormant for a long time which may be why you

haven't heard of it.

However, the Charity has limited funds available to provide monetary assistance to those people of Harrietsham who are worried about how they will pay all their bills. The Trustees believe that in the current financial crisis the Charity needs to be back in the limelight to help the people of Harrietsham.

If you are claiming benefits of any kind, or even if you are not, and want further help with your family finances, do write to us explaining how you are in need and requesting a Grant claim form to be sent to you.

We are at either:

Culpepper.Charity@outlook.com

or to: The Culpepper Charity

C/o The Church Office Harrietsham Village Hall

Church Road Harrietsham

Kent MF17 1AP

We cannot guarantee to provide every applicant with money, but we do hope to help those with most need.

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Maidstone Camera Club

Annual Exhibition 2024

Following the success of Maidstone Camera Club's Exhibition at Lockmeadow in September 2023, the club will be holding two Exhibitions in 2024. The first on 17 August (9.00am – 5.00pm) at The Mall in Maidstone town centre and the second on 7 September (9.30am – 7.00pm) at the Lockmeadow complex. Entrance is free and there will be approximately 120 prints on display as well as digital images displayed on a television screen. Visitors will be invited to vote for their favourite print of the day at each exhibition and a certificate will be awarded to the Public's chosen Photographer of the Day. The votes from both days will be aggregated and a trophy will be awarded to the public's favourite Exhibition Photographer of the year 2024. Members of the Club will be on hand on the day to talk to visitors about the Club, our programme of meetings, events, outings and activities, and all things photographic.

Maidstone Camera club meets on *Tuesday evenings 7.30 to 10.00 p.m. from September round to May at the Civil Service Social Club, Recreation Close, Maidstone, ME14 5AZ and new members are always welcome. Please visit our website for more information and check out our Programme. *Please note that we are on Zoom only on the third Tuesday of each month.

Maidstone Camera Club also has a very well-known and very active Natural History Group (affectionately known as the 'wildlife' group) which meets monthly on a Thursday evening. Membership of this group is open to all club members. For the first time this year there will be a separate display of wildlife images for the public to enjoy.





Lenham W I

In June a couple of us attended the WI Annual Meeting at the Royal Albert Hall. The theme of the meeting was violence and abuse against women.

Nazir Afzal OBE, was Chief Crown Prosecutor for NW England and formerly Director in London. Most recently, he was Chief Executive of the country's Police & Crime Commissioners. During a 24 year career, he has prosecuted some of the most high profile cases in the country, advised on many others and led nationally on several legal topics including Violence against Women & Girls, child sexual abuse, and honour based violence. He had responsibility for more than 100,000 other prosecutions each year. His prosecutions of the so called Rochdale grooming gang, BBC presenter Stuart Hall and hundreds of others were ground-breaking and drove the work that has changed the landscape of child protection. He is the Chair of Hopwood Hall. He was appointed to the Independent Press Standards Organisation (IPSO). He is also National Adviser on Gender Based Violence to the Welsh Government. Most recently he joined the advisory board of Google's Innovation Fund for counter-extremism. He gave a really passionate talk about his work.

The vote was then taken for this year's resolution: Dental Health Matters. The chair of the Dentist Association, Eddie Crouch, spoke for the resolution. Eddie was elected as Chair of the board in September 2020. Before that, he served as Deputy Chair between 2014 and 2020. He was Secretary and Chair of Birmingham Local Dental Committee. He qualified in 1984 from Kings and now provides Orthodontic care for patients in South Birmingham in two locations, having previously been a Clinical Assistant in Orthodontics.

He said - Dental Health is not a luxury it is a necessity. Tooth decay is the number one reason why children are admitted to hospital and there is very little dentistry for the elderly in care homes. Urgent reform was requested in 2023 so the politicians are aware. A paediatric dentist from the floor also spoke for the resolution as did a lady who told of the members of the Armed Forces who are very often moved around before they have the chance to register for a dentist.

After lunch we heard from Mel B – Scary Spice - who was interviewed by Victoria Derbyshire. This was another impassioned talk from Mel B who had suffered physical and mental abuse for 10 years with her previous husband. She is now getting her life back on track but said that the memories will always be with her. She finally realised that she was being abused and needed to do something about it when someone said to her that they believed in her.

The final speakers were Timothy Watson who played Rob Titchener in the Archers and Teresa Parker, Head of Media, for Women's Aid who worked closely with the BBC on this programme. Rob was also an abuser and was portrayed by Timothy Watson over a number of years. This storyline on the Archers was very effective in bringing awareness of abuse and coercive control. Domestic abuse doesn't just affect relationships – it affects you in all areas of your life. £316m is lost to UK businesses each year because of domestic abuse. We need to dispel myths about domestic abuse and challenge sexism and misogyny. Take action and learn what to say to someone experiencing abuse. One of the most important things is to listen.

This event is one of the best that I have attended and it reinforced the power of the WI to improve the lives of women and children everywhere.

At our June meeting we heard from Louis, the son of one of our members, who recently visited the Gambia and met the Gambian Minister for Youth and Sport. The group they worked with have now been recognised as part of the International Scouting Association. They raised over £2000 and spent one year to organise this scouting project. They shipped tents and equipment to the Gambia by container and Louis, his mum and a scout leader travelled in February this year to set up a free scout camp.

On the journey Louis was allowed on to the flight deck of the aeroplane which was quite an experience. After spending 5 days on the coast they then travelled inland. The project was set up in a local Primary School. Children go to school for only half a day as there is no running water for them and the temperature was over 40 degrees. They put up the tents and then met with the school staff to learn about the problems the children face. They spent about £400 repairing a pump for a well, the water storage container and installing a solar panel. Louis paid for the panel out of his own savings. There was no electricity and they cooked their meals on an open fire which is quite a challenge in that heat.



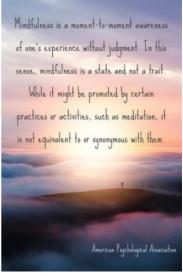
The focus of the camp was "Unity" and children from other tribes and regions were invited to join in the cultural evenings. Louis taught the children to play cricket, his favourite sport and he was presented with a Cobra Weave woggle and a Gambian Scout uniform which was made to measure for him while he was there. Then, finally, after an evening of African dancing round the camp fire they got ready to leave for home. The two week stay was quite an experience and they learned a great deal about living without running water and no power. The Gambians work hard to produce things to sell in order to survive. There are no rubbish collections which we here in England take for granted and animals wander everywhere. He is hoping to organise a return visit for the Gambian Scouts to visit England in the future.

If you want to join us we meet at Lenham Community Centre on the second Thursday of the month at 7.30pm. Please come along and see what we get up to. If you want to find out more please contact me on rrgodden@btinternet.com

Chris Godden

Simple Well-being - Mindfulness part 3

We continue to discuss Mindfulness. Practising mindfulness might seem an overwhelmingly difficult task. It is often associated with long meditation sessions sitting in a specific pose, breathing in a specific way... You may feel, "I don't have neither the time nor environment for it", and you may be right. But the thing is, you don't need either. It is great if you have time and space for meditation. It does help. I personally, every day set aside about half an hour for meditation. I plug my ears with the earbuds, and with some meditation music on loud, I create an environment. But my main mindfulness practice does not happen in that half an hour. It happens throughout the day when I take short pauses and quiet my thoughts or stop and notice what is happening around and within me.

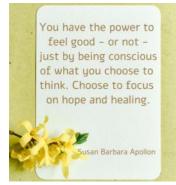


So, if you can, meditate as regularly as you can. But don't be discouraged if you cannot. Being

mindful means being mindfully aware. It means noticing, without judging or labelling, your surroundings, noticing, whether it is cold or hot, without thinking about what that means for you, noticing people around you, without attaching any labels.

Make pauses throughout the day, when you are not thinking of anything. You can always find thirty seconds for that. Sure, your thoughts may tell you that you have no thirty seconds, but that won't be true. Just promise your thoughts that you will come back to them and take a break. Or if your thoughts are very persistent and do not give you any break, stop to notice them. "Hmm... I believe this thought is rolling in my head for a rather long time. I wonder does it lead anywhere?" or "Oh, this is something new. I sure may enjoy "pondering" it for... a few days?". This also will be a mindful practice that will raise your awareness.

Just remember, mindfulness can't be forced nor can you train yourself to be



mindful. Forcing or training aims to the future, while you can be mindful only in this moment, here and now. You can practice techniques that can help you be mindful or aware, such as breathing exercises, body awareness or cold exposure, but it always will be about being present in this moment. The secret is, just surrender to this moment, notice what is here and now and enjoy it. And I promise you that amount of joy and happiness will grow in your life. Because the more mindful you'll become the more you'll notice that problems in your life begin to disappear.

We will talk more about that in the next article...



Christian Message

Being present to others in a world of interruptions

As a father to 3 young children, I can testify to what people throughout history have discovered – that raising children is joyful, rewarding and a privilege. However, it also brings a whole new world of unpredictability! Having whatever I'm doing interrupted, by an amazingly broad range of requests, has become a standard part of life!

However, being interrupted is not unique to those who parent young children. Many of us are regularly interrupted by the next work demand, the ping of a phone notification or just by our own wondering attentions! There are ways that we can carefully cultivate interruption free times, but in most of life, interruption is par for the course.

It's in those moments that we sometimes see the worst of ourselves come out! How many of us have experienced a rush of impatience, frustration or even apathy when someone interrupts us with a need?

This is a universal challenge but in Jesus we see an amazing demonstration of being present and loving to others, even in the midst of interruption. Jesus had much to say and do, yet we still read numerous stories of him responding incredibly graciously to interruptions.

In Luke 8:40-48 Jesus has come to town (probably with a specific intention in mind) and a man named Jairus interrupts Him with a plea to come and heal his daughter. Jesus responds with compassion, changes course and goes with him. Then, a woman desperate for healing, interrupts the interruption! There is no hint of Jesus being frazzled, frustrated or annoyed, but the lady is healed and told to "Go in peace". Later, He also raises Jairus' daughter from the dead!

Jesus was present to the people around him. He truly saw them and responded to interruptions in love. What might be restricting your ability to love others? Jesus demonstrates and even helps us to become the kind of people who are really are present to others. People who respond with love, care and patience even in moments of interruption!

Ben Doggett - Pathways Church



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