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## From the Editorial Team

We all thoroughly enjoyed the Harrietsham in Bloom quiz evening and now look forward to the Big Lunch on Sunday 24 June and the Church Fete on Saturday 22 June. We hope to see you all there.

This month's magazine features articles on Dementia and Discovering Harrietsham in addition to news of all your club and society activities.

We would greatly appreciate contributions to Grandma's Kitchen Recipe Collection and historic photographs of Harrietsham and its residents.

Do you have an unusual pet? Please tell us all about it and send a photo.

Have a great June!

-----

**Please remember to email any photographs, articles of interest but Harrietsham, recipes etc. that could be considered for inclusion to**  
**E-mail: [editor@harrietshamfishscheme.org](mailto:editor@harrietshamfishscheme.org)**

***Visit our website: [www.harrietshamfishscheme.org](http://www.harrietshamfishscheme.org)***

Whilst every effort is made to include as wide a variety of information as possible each month, the editor reserves the right not to publish, or to edit, any item. The editor's decision is final. Responsibility for the information and views set out in articles and notices in this publication lies entirely with the authors.

*Letters sent anonymously will not be considered. Any opinions expressed are those of the contributors and not necessarily those of the officers or committee of the Fish Scheme.*

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*Cover photo and discovering Harrietsham photos by Jan Dijkstra-Caplan. Craft photos by Hazel Roots.*

## Parish Council News

### Parish Councillor Vacancy

The Parish Council currently has vacancies in the office of Parish Councillor, anyone interested in applying must be flexible to attend daytime meetings, as required. If you would like to know more, or are interested in undertaking this role, please contact the Parish Clerk for further details. If you wish to apply, please send a letter or email to the Clerk (details below) explaining why you would be interested in taking on the role.

### The Big Lunch

The Big Lunch will be held on Sunday 2nd June on the Glebe Field. Last year over 200 people attended and we would like to see even more this year! There is fun and games for both children and adults, a cake stall, raffle and last but not least the Marvelous Mutts competition. The fun kicks off at mid-day and don't forget to bring your lunch!

If anyone would like to help with the event, then please get in touch with the Parish Council.

### Hanging Basket Competition 2019

The Hanging Basket Competition will be held again this summer and we hope that residents will join in to make our village look attractive. One basket per house will be considered and entries will only be valid if they can be seen from the front of the property. There is no charge for entering and we hope that residents will take up the challenge! An application form can be collected from the Parish Office.

### Parish Council Facebook Page

If any Harrietsham Clubs or Associations would like to publicise forthcoming events, please send the details in a Word document to the Clerk who can arrange for them to be posted on the Parish Council Facebook page.

#### ***Amanda Broadhurst***

Parish Clerk - 850089

**harrietshampc@aol.com**

16 Merivale Grove

Walderslade

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## Harrietsham History Society

The society does not have a meeting in June but instead should be visiting the Biggin Hill Memorial Museum subject to finalising a date, numbers and transport. We are dealing with arrangements at the moment.

For those of you who missed the AGM and those who haven't renewed your membership it is likely you do not have a list of our meeting dates and details of our speakers for the rest of this year. These can be found on our recently updated website, [www.harrietshamhistorysociety.org](http://www.harrietshamhistorysociety.org)

The AGM went reasonably well with all of the committee agreeing to carry on for another year. My thanks go to Carole, Susie and Carey for their continued support. The accounts for the past year were accepted by the members at the meeting and the treasurer's proposal to keep the membership fee at £15.00 was also confirmed.

Please support our society as we believe it is very important that we continue recording and researching the history of the village to make it available for everyone in the future. If you would like to find out more about us or join our group please do not hesitate to give me a ring on 851075 or come along to the Church Fete on the 22nd June and meet us at our Pimms Stall.

**Peter Brown**

## Harrietsham Short Mat Bowls Club

At the end of March, 9 club members joined 25 members of Olden's Wood to take part in the Bowls Tournament at Warners Holiday Resort on Hayling Island.

Bev Dillon qualified in the first round of the singles competition but was knocked out at the next game. Norman and Sylvia Fowler, David and Barbara French did well in their respective groups of teams and qualified to the second round but lost in the next sets. The competition consisted of 6 groups with 8 teams in each group with some tough opposition including some County players.

Lesley Dack, De Beresford and Brian Hall excelled themselves by reaching the semifinals of the Triples competition but unfortunately lost after a hard fought game. It was especially pleasing as both Lesley and De are relatively new members to the club. Well done!

**David French** Club Captain

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# Harrietsham Gardening Society

We had an unfortunate experience at our last meeting when our Speaker was unable to attend. We had a good attendance and members were expecting a talk entitled Spinning Earth. After a little while we had to improvise and luckily our Vice Chairman Kevin Harlock had prepared a little humorous power-point presentation for just such an occasion. He followed this up with a resume of the results from the Spring Show.

Our thanks go to Peter Brown for setting up a video of a film about the Queen's Garden at Buckingham Palace.

On Saturday 27 April we had an outing to the RHS garden at Hyde Hall in Essex. The weather did not look promising when we left, but we hoped it would improve. Our first port of call was the jam factory at Tiptree. Unfortunately, when we left the coach we were nearly blown away in the strong wind. However, we all enjoyed a cup of hot coffee before resuming our journey.

Again, when we alighted at Hyde Hall it was very windy and spitting with rain. It was also so cold it made one shiver. We felt very sorry for the Trade Fair stalls which were one of the reasons we picked that particular weekend.

There have been a lot of improvements since our last visit. Fresh beds have been planted and there is a much-improved allotment section. A new restaurant has been built together with an education centre. The weather did not improve and everyone was glad to get back on the coach.

Perhaps next time we should go when the weather is likely to be much better. Thanks to Marjorie Darby for organising the trip.

Just a reminder to all our members and residents of Harrietsham that the Parish Council are once again having a competition for the Best Hanging Basket. Entry forms will be available from the Office, Post Office and the Co-op store. Judging to take place on or near to 26 July 2019.

Our next meeting will be the Rose and Sweet Pea Show on 18 June. Schedules are available.

**David Oversby** - Chairman



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## Harrietsham Craft And Chat

The June meeting of Craft and Chat will be held on Saturday 1 June at Harrietsham Village Hall between 1-4pm. The project will be crepe paper flowers. We have already done a crepe paper flower project at Crafternoon but, at June's Craft and Chat meeting, we will be doing a different type of flower. Alternatively, please feel free to bring along your own projects to work on. Everything you need for the crepe paper flowers will be provided except for the following which you should bring: a pair of paper scissors; a smaller pair of 'detail' scissors suitable for cutting paper; a ruler and hot tack glue. **STOP PRESS - JUNE MEETING CANCELLED**

## Crafternoon

The project for our June Crafternoon meeting, on Thursday 20th June, will be a 'Make A Wish' decoupage card with coordinating envelope. We will meet, as usual, in Harrietsham Village Hall between 2-4pm. Again, everything will be supplied except for paper scissors (large pair and smaller 'detail' pair). Please bring along your own project if you don't wish to make a decoupage card and envelope.

If you want to follow what we are doing, please take a look at our Facebook page at <https://www.facebook.com/harrietshamcraftandchat/>

Any questions, please contact me on 01622 851885.

### *Hazel Roots*



Crepe paper peonies



Make a Wish - decoupage card



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# CHURCH FETE



To be held in the Rectory Garden,  
Church Road, Harrietsham

**Saturday 22 June 2019**

**1pm – 4pm**

**Music, Pimms Stall, Book Stall, games,  
BBQ, refreshments, raffle & much more**



## Harrietsham Wives Group

Our meeting in May was once again well attended and with another interesting speaker. Mary Smith was the Head teacher at Maidstone Girls Grammar School until 2014 and during her time one of the 'trenches' which had been dug for the girls to use during the 2nd World War was unearthed together with a scrapbook of drawings done by the then art teacher Miss Helen Keen. Following the discovery Mary had done considerable research tracking down and talking to many of the pupils who were at the school during the war. The result was a fascinating account of how the school survived and operated accompanied by detailed and evocative pictures of the pupils at work and play.

Our next meeting will be our Bring & Share supper in the church followed by our visit to the Kenward Trust in July to see the work that they do with recovering addicts. New members are always welcome, please use the contact details in the magazine directory pages.

*Katherin Daking*

## Harrietsham Lawn Tennis Club

Anyone for tennis? Our new season on the grass courts (behind the Village Hall) is now in full swing but there is still plenty of room for new members.

This year we are pleased to offer a wide range of Membership – from as little as £5 you can join on a “pay as-you-play” basis or maybe join at a discount as a “Weekend Member”. You are very welcome to come along for a free session – all levels of ability very welcome.

The normal playing times for Members are from 2:30pm on Sundays and Club evenings on Tuesdays & Thursdays from 6.30pm. Other times for Members by arrangement.

For further details please ring 859352 or visit our website [harrietshamtennis.co.uk](http://harrietshamtennis.co.uk)

*Andrew Rogers* - Chairman

## Whist Drive

The winners of the May Whist Drive on a cold & damp evening were Valerie Kidd & Bob Pocock. The next Whist Drive will be on Friday 7th June at The Village Hall with a 7.30pm start.

*Michael Gear*

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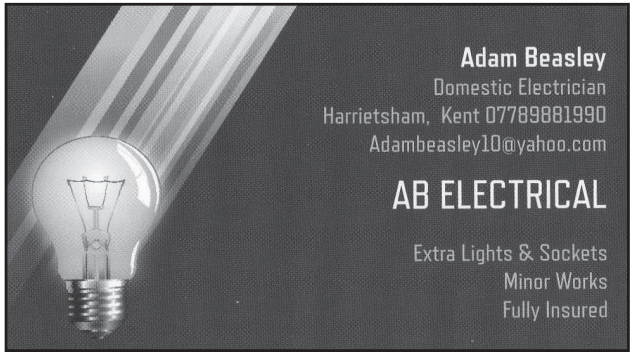
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## Harrietsham in Bloom

Many thanks to everyone who attended our Quiz Night on April 13. It was very well supported and after expenses raised approximately £800 towards our funds. We are grateful to Peter Bowler and his helpers for acting as Quiz Masters, and to everyone who helped prepare the room and clear up afterwards. We hope everyone enjoyed the evening.

Thank you to all our sponsors for their generous donations to funds. Their names can be seen on the planter plaques of the planters they sponsor. We have received a very generous cheque from an anonymous donor. Our thanks to you for supporting us. Also, to Harrietsham Summer Fun Club for their donation. Sadly, the club will not be running this year.

We are always pleased to welcome new volunteers to our group as many hands make lighter work for us all. Please contact our chairman for further details.

**Andrew Rogers** (Chair) 01622 859352

## Maidstone Borough Council Election Results

The results of the election held on 2 May 2019 are as follows: -

Tom SAMS (elected)	Independent	1107 votes
Chris ROOTS	Conservative	638 votes
Susan PARR	Green	105 votes
Stephen ROGERS	Labour	75 votes

## Len Valley Practice, Glebe Medical Centre, Harrietsham

If you need to call the surgery, please use telephone number (01622) 858341 and say that you are a Harrietsham patient. The old Harrietsham number is no longer in use.

## Welcome to Harrietsham

Welcome to Mr, Mrs and Master Godden, who recently moved into Chippendale Drive. We hope you will be very happy living in Harrietsham.

**Audrey Joy MBE** (Meet and greet representative) 01622 850806

## Local Churches

### **Parish Church of**

#### **St John the Baptist**

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Deacon: Rev Cyril Durbin 736100

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Wednesday at 10.00am

Holydays Mass 7pm

### **St Peter's Roman Catholic Church**

Button Lane, Bearsted

736100

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Saturday Evening Mass 6pm

Sunday Mass 10.30am

Weekday Mass generally

Monday and Tuesday 7pm and

Friday 10am

Holydays Mass 10am and 8pm

### **Pathways Church, Maidstone**

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Church leaders: Johnny and Estelle  
McCabe [www.pathwayschurch.org.uk](http://www.pathwayschurch.org.uk)

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### **Bearsted and Thurnham Methodist Church**

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Maidstone ME14 5AN

Tel 752895

Sunday Service 10.30am

# Len Valley Benefice Service Times

Everyone is always welcome to any of our services or events

## Sunday 2nd June

- 9.30am Lenham: Breakfast service
- 9.30am Boughton Malherbe: Holy Communion
- 11.00am Ulcombe: Morning Worship
- 11.00am Lenham: Holy Communion
- 3.30pm Harrietsham: GIFT family worship (followed by optional Holy Communion)

## Wednesday 5th June

- 9.30am Lenham: Holy Communion

## Sunday 9th June

- 10.00am Harrietsham: Benefice Pentecost Holy Communion

## Sunday 16th June

- 9.30am Lenham: Breakfast Service (with optional Holy communion)
- 9.30am Harrietsham: Morning Worship
- 9.30am Boughton Malherbe: Holy Communion
- 11.00am Ulcombe: Morning Worship
- 11.00am Lenham: Holy Communion

## Wednesday 19th June

- 11.00am Chippendal e Lodge

## Sunday 23rd June

- 8.00am Lenham: Holy Communion (Book of Common Prayer)
- 9.30am Harrietsham: Holy Communion
- 9.30am Boughton Malherbe: An Informal Service
- 9.30am Lenham: The Big Breakfast Service
- 11.00am Ulcombe: Holy Communion

## Sunday 30th June

- 10.00am Lenham: Joint Benefice Service

## WI

During our Easter meeting in April we were visited by Mr Gerry Harris who gave us a very interesting talk on Norway. Although numbers of members attending was low it was a cosy meeting and over tea and biscuits Mr Harris was able to answer our questions on his lovely trip. We also had an Easter raffle.

*Chris Bone*

## Len Valley Guiding

This month will be full of fun at both our normal meetings, as well as outside of our normal meeting places.

We will be out in the community at the Lenham Family Festival manning a stall, so please do come and see us!

We will also be celebrating no less than three big birthdays! !

1st Lenham Guides are 60  
2nd Lenham Brownies are 40  
and  
1st Harrietsham Guides are 21!

We will be holding a celebratory birthday tea recognising 121 years of Guiding with our whole district family at Lenham Primary School. The afternoon will take the form of a street party, all the fun of the fair, and traditional Guiding activities reflecting on activities our predecessors would have enjoyed!

The Guides are busy preparing for their "Wellies and Wristbands Camp" in August. We have equipment to prepare, tent pitching to practice and kit lists to make as we will be attending Girlguiding's very own music festival in Hampshire. Very exciting!

There is lots of fun to be had at all of our Units – so if you have a daughter aged between 5 and 14, or have a few hours to spare that you could donate to Girlguiding, then please contact our Homes on 07887 877814 for more information.

# Harrietsham day by day

(T = term time only)

## SUNDAY

Tennis Club (May-Sept) 2.00pm Booth Field

## MONDAY

Pre School Group 8.30am - 3.30pm Primary School T  
 Yoga Classes 9.30am - 11am Ambrose Hall T  
 Short Mat Bowls 1.45pm - 4.30pm Ambrose Hall  
 Brownie Guides 5.45pm - 7.15pm Booth Hall T  
 History Society (3rd Mon) 7.30pm Village Hall

## TUESDAY

Pre School Group 8.30am - 3.30pm Primary School T  
 Art Classes (Improvers) 2.00pm - 4.30pm Booth Hall T  
 Beavers (age 6 - 8) 5.45pm - 7.15pm Scout HQ, Station Road  
 Cub Scouts 6.30pm - 8pm Lenham Primary School T  
 Tennis Club (May-Sept) 6.30pm Booth Field  
 Gardening Society (3rd Tues) 7.30pm Ambrose Hall  
 Guides 7.00pm - 8.45pm Booth Hall T  
 Lenham Youth Centre 7 - 9pm Swadelands T  
 Bell Ringing Practice 7.30pm - 9pm Bell Tower

## WEDNESDAY

Pre School Group 8.30am - 3.30pm Primary School T  
 Elevenses (2nd Wed) 10.30am - noon Booth Hall  
 Mobile Library (fortnightly) 1.40pm - 2.10pm P.O.West Street  
 Tai Chi class 2.00pm - 3.00pm Ambrose Hall  
 Ballet Academy 4.00 - 4.40pm Village Hall T  
 Karate Club 6pm - 7.30pm Ambrose Hall  
 Wives Group (1st Wed) 8pm - 10pm See magazine entry  
 Parish Council (last Wed) 7.30pm Booth Hall

## THURSDAY

Pre School Group 8.30am - 3.30pm Primary School T  
 Baby, Toddler & Parent Group 9.30am - 11.30am Ambrose Hall T  
 Women's Institute (2nd Thurs) 2.00pm Booth Hall  
 Tennis Club (May-Sept) 6.30pm Booth Field  
 Explorers (Scouts) 7.15pm - 9.30pm Kingswood Scout HQ  
 Short Mat Bowls 6.30 pm - 10pm Ambrose Hall  
 Choir Practice 6.15pm Parish Church  
 Lenham Youth Centre 7 - 9pm Swadelands T  
 Pub Quiz 8.30pm Roebuck

## FRIDAY

Pre School Group 8.30am - 3.30pm Primary School T  
 Coffee Morning 10am - noon Booth Hall  
 Scouts 7.30pm - 9.30pm Scout HQ, Station Road

## SATURDAY

Rainbows 10am - 11.30am Booth Hall T

# Local Directory

---

## **Art Classes (Drawing/Painting Improvers)**

Tutor Helen Easter 03000 412222/www.helenbeeken.co.uk

## **Beaver Scouts**

Leader Duncan Keenan 07768 926654

## **Bell Ringers**

Captain Ken Leach 851173

Captain Graham Cuthbert 01795 886365

## **Bible Reading Fellowship**

Co-ordinator Mrs J Bevan 859310

## **Booth and Baldwin Charity**

Secretary email boothandbaldwin@hotmail.co.uk

## **Brownie Guides**

Brown Owl Mrs J Burr 859494

## **Community Support**

PCSO John Boyd 101

## **Conservative Association**

Faversham Office 01622 758053

## **Countryways Quilters**

And Stitchers Pamela Gillard 01233 879507

Craft and Chat/Crafternoon Hazel Roots 01622 851885

## **Cricket Club**

Chairman Mr A Hubble 859692

## **Cub Scouts**

Leader Mrs A Seales 859829

## **Explorer Scouts**

Leader Mark Horlock 07789 226516

## **Family History**

Enquiries Mr F Long 850863

## **Flower Guild**

Parish Church Mrs R Long 850863

## **Friends of St. John the Baptist Church**

Chairperson Audrey Joy 850806

## **Gardening Society**

Chairman Mr David Oversby 859674

## **Girl Guides**

Leader Kate Davies 07971 254029/beaukate@btinternet.com

## **Golf – Bill's Round for Charity**

Secretary Mr R Bevan 859310

## **Harrietsham Academy of Ballet**

Organiser Deborah Nankivell 07775 716714

## **Harrietsham in Bloom**

Chairman Mr A Rogers 859352

## **Harrietsham Social Club**

Secretary Jed Stone 07759 8771198/whipacres2@g.mail.com

## **Harrietsham History Society**

Chairman Mr P Brown 851075

## **Harrietsham Pre-School**

Manager Susan Snoad harrietshampreschool.manager@gmail.com  
01622 851819

## **Health Walks**

Organiser Ms M Darby 850657

## **Helpers**

Chairman Mr T Sams 859412

## **Karate Club**

Organiser Mr Lewin Tuckwell 07812 089304

<b>Kent Community Warden</b>	Mr M Sherwood	07977 981993
<b>Kent Messenger “Your Local Pages”</b>		
Village correspondent	Margo McFarlane	01622 859682
<b>Lenham Youth Centre</b>		
Contact	Toni Chincharo	07966 966090
<b>Liberal Democrat Association</b>	Mr David Naghi	07970 626829
<b>PTFA (Harrietsham School)</b>		
Chairman	Tina Humphreys	harrietshamptfa@gmail.com
<b>Rainbows</b>		
Leader	Ms A Thompson	850935
<b>Royal British Legion</b>		
Branch Chairman	Mr Barry Wood	850702/barry.wood1112@outlook.com
<b>Safari Supper</b>		
Organiser	Mr R Bevan	859310
<b>Scouts</b>		
Group leader	Mr E Seales	859829
Leader	Mr N Still	859789
<b>Short Mat Bowls</b>		
Secretary	Mr S Brown	858147
<b>Tai Chi Class</b>	Angela Akast	07754454030/akast.a@btopenworld.com
<b>Tennis Club</b>		
Chairman	Mr A Rogers	859352
Secretary	Mrs K Daking	850652
<b>The Lenham School</b>		
Head of School	Mr Chris Foreman	858267
<b>Ulcombe Pre-school</b>		
Chairperson	Helen Leat	07511657828/ulcombepreschool@live.co.uk
<b>Village Hall</b>		
Chairman		chairman@harrietshamvillagehall.co.uk
<b>Whist Club</b>	Miss Denise Williams	859410
<b>Wives Group</b>		
Leader	Katherin Daking	850652
<b>Women’s Institute</b>		
Secretary	Mrs J Tabrett	859224

## Public Services and Emergencies

Doctors’ Surgery (for either Lenham or Harrietsham)	01622 858341
Dentist, Lenham	01622 858204
Dentaline (out hours emergency treatment)	01634 890300
Saxon Warrior Pharmacy	01622 858287
<b>Hospitals:</b>	
Maidstone, ME16 9QQ	01622 729000
The Tunbridge Wells Hospital, Pembury, TN2 4QJ	01892 823535
William Harvey Hospital, Ashford, TN24 0LZ	01233 633331
<b>Councils:</b>	
MP – Helen Whately	01622 758053
Kent County Council	03000 41 41 41
Maidstone Borough Council – all departments	01622 602000
Harrietsham Parish Council – Parish Clerk	01622 850089
<b>Police:</b> Emergencies only 999	Non- emergencies 101
Samaritans, 48, Grecian Street, Maidstone	01622 674444
Citizens Advice Bureau, 2, Bower Terrace, Maidstone	01622 752420
Childline	0800 11 11
KCC Children’s Social Services	03000 41 11 11
KCC Adults Social Services	03000 41 61 61

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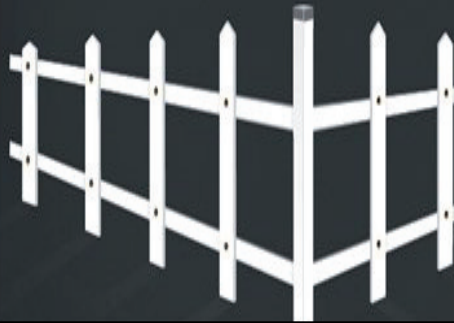
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# June Diary

**Sat 1 June 12 noon Advertising deadline for July Network**

**Fri 7 June 12 noon Copy deadline for July Network**

Sat 1 1.00 - 4.00pm Craft and Chat, Harrietsham Village Hall, **CANCELLED**

Sun 2 12.00 - 4.00pm The Big Lunch, Glebe Field

Wed 5 8.00pm Harrietsham Wives Supper, St John the Baptist Church

Fri 7 7.30pm Whist Drive, Harrietsham Village Hall

Sat 8 12.00 - 2.00pm Ploughman's Platterday. St John the Baptist Church

Thurs 13 2.00pm W.I., Harrietsham Village Hall

Fri 14 2.00 - 4.00pm Time to Talk - Funeral Matters, Harrietsham Village Hall

Tues 18 7.30pm Harrietsham Gardening Society, Rose and Sweet Pea show, Harrietsham Village Hall

Thurs 20 2.00 - 4.00pm Crafternoon. Harrietsham Village Hall

Fri 21 1.45pm Harrietsham Film Club, Harrietsham Village Hall

Sat 22 1.00 - 4.00pm Church Fete, Rectory Garden

## Village Events Diary - for Your use!

Did you know? A voluntary system of a diary is available in the Post Office for "groups or individuals to enter" event dates and information that would be helpful to other villagers.

## Living with Dementia

At the Parish Meeting on 24 April Michael Smithson of the Alzheimer's Society gave a highly informative presentation about 'Dementia'. Those present were shocked to learn that dementia is now the biggest cause of death in the UK. Michael provided a summary of the services available to people living with dementia and their carers. These include Home support services, dementia cafes, peer support groups and a younger carer's group. Dementia can strike at any age and he reported that the youngest person living with dementia locally at present is in their 40s. He went on to advise that it is good for both mind and body to continue in activities. There are some dementia specific activities available at Mote Park Leisure Centre and he also mentioned the Mytime Active Group at Cobtree Manor Park, who offer free dementia friendly golf programmes. There are more activities in the summer months.

Michael discussed 'Time for Dementia', which raises awareness among healthcare professionals by holding talks by people living with dementia themselves to students in Universities in the region and to GPs and in Hospitals. He referred to Dementia Friends who support the idea of local buses for community groups, and provide information and training to encourage employers and others to be more dementia friendly enabling those living with dementia to continue to be active members of the community.

Whilst there are many different types of dementia the most prevalent are Alzheimer's Disease and Vascular Dementia. The latter is stroke and TIA (mini-stroke) related and affects the brain.

The symptoms of dementia include memory loss (mainly short-term), a wish to go home where this is an earlier home rather than the current one, a lack of concentration and inability to organise or prioritise. Sometimes ability to use language and spatial skills are affected. There can be a lack of awareness of place, date, time, season and weather relevant to today.

Dementia affects everyone differently. A person may look the same, but their personality may change. Dementia also affects the physical health of the person. Many people try to conceal their symptoms.

He said that whilst at present there is no cure, big improvements are anticipated over the next ten years. He also said that there are some medications which slow down the progress of specific types of dementia. They provide a better quality of life but may have some side effects.

Michael advised people living with dementia to carry personal information discreetly on them, for example, on a wristband, to enable a contact point/person to be traced if someone is lost or needs help. He also mentioned that mobile phones with GPS fitted are very good for tracking and helping people living with dementia.

He encouraged us to become dementia friendly communities, empowering people with dementia and recognising their contribution. This reinforces the idea of 'living with dementia' in place of 'suffering from dementia'.

**Editor**

**Useful Contacts:-**

The Alzheimer's Society website is located at <https://www.alzheimers.org.uk>

National Dementia Helpline Telephone 0300 222 1122

Alzheimer's Society Maidstone and Rural Communities Telephone 01622 747181

My Time Active , Cobtree Manor Park Golf Course Telephone 01622 753276

## Discovering Harrietsham

I took up residence in Harrietsham in October 2018 and have been looking forward to some warm days and sunshine to explore this lovely village and its surroundings. As a keen amateur photographer, I am delighted to find a number of particularly photogenic areas. So far, my favourite is the Woodlands Walk. The entrance is in Church Road, opposite the Village Hall. A calm and peaceful oasis a few minutes' walk away, it has a beautiful lake with waters of a soft aquamarine colour, floating duck cotes (see the front cover) and a variety of beautiful birds including swans, ducks, coots, moorhens and, of course, doves. Some benches by the lake make it a perfect spot in which to relax and forget the stresses of the day. Please read the notices on site about feeding the birds.

I like to walk and enjoy the countryside and it seems there are footpaths, rights of way and bridle paths in abundance leading off every lane. I can't resist exploring them and I've found some lovely spots.



Woodlands Walk entrance, Church Road

Ducks at the Woodlands Walk

If you fancy exploring the footpaths, you can find more information on the following websites: -

<https://footpathmaps.com>

<https://webapps.kent.gov.uk/KCC.Explorekent.Web.Sites.Public/Default.aspx>

For more information and advice : - <https://www.ramblers.org.uk>

If you're not an internet user there are Ordnance Survey maps available.

## Take Care in the Countryside

- Always carry a bottle of water and a snack
- If you're walking alone, tell someone where you are going and when you expect to be back
- Wear suitable clothing and footwear
- Keep an eye on the weather and take rainwear if appropriate
- Walking in the roads? Always walk on the footpath if there is one. If not, walk facing oncoming traffic
- At night wear a high-visibility jacket or something white. Use a torch. Make sure drivers can see you well before they get to you
- Set yourself reasonable distance goals. Remember once you get there, you still have to get back!
- Carry your mobile phone and use your maps apps
- Make sure you know shortcuts to get home if your chosen walk proves to be a bit too long
- Don't choose the hottest day of the year to go walking or walk in the heat of the day

I hope you enjoy a happy and safe summer exploring Harrietsham. I look forward to meeting some of you along the way.

**Editor**

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# Friends of St. John the Baptist's Church

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Val Brown, Secretary 01622 858147



## Church Fete

The Church Fete will take place in the Rectory garden on Saturday, 22 June 2019. We are a very small committee and would like to appeal for any help that can be given on the day to help set up the stalls, chairs and tables in the morning or help in the afternoon. We would also like to ask for any donations of raffle prizes, books for the book stall or bottles for the bottle tombola. If you have anything to donate please drop off at The Rectory, Church Road, Harrietsham, either on the day or before the Fete. Any offers of help or donations would be very much appreciated.

## 100 Club Lottery Draw

Result of the Twenty ninth draw of the Friends of St John 100 Club drawn on 13 April 2019 at the Ploughman's Platter lunch event under the supervision of Roger Kelly (Independent Adjudicator)

104 numbers were included in the draw giving a prize fund of £104

First prize £52.00 – number 20 – Brian and Angela Gatland

Second prize £31.20 – number 81 – Kevin Harlock

Third prize £20.80 – number 77 – Valerie and Stephen Brown

For further information and details of how to become a member - contact the Administrator, Chris Roots on 01622 851885

## Ploughman's Platterday

The next Ploughman's Lunch will be held at Harrietsham Church on Saturday 8 June between 12noon and 2pm. Do come along and enjoy a cheese and pate Ploughman's lunch on this day. Tea, coffee and biscuits also available.

## Young At Heart - 60+

Hi to one and all. We hope you are well. Our next meeting is Thursday 20 June 2019 at Lenham Community Centre 2.00-4.00pm.

Thank you to all our helpers: Martin, Fred, Janetta, Tom, Ann, Olive, Jackie, Kath, Jacky, Sam, d hn, d nny and Nina.

If y u wish to contact us please phone

d nny 01622 859208 or Nina 01622 851970

## Hub Club

Hello everyone, I hope you are well. Our next meeting is Thursday 6 June 2019 at the Social Club 2.00-4.00pm.

Thank you to all who help: Martin, Fred, Tom, Janetta, Sam, Chris, Zoe, Jenny and Nina.

If y u wish to contact us please phone

d nny 01622 859208 or Nina 01622 851970

## Lenham Fun Bike Ride

23 June 2019. Entry fee £20.

Starts 10.00am at The Tithe Barn, Lenham and finishes at Lenham Social Club.

Help us to raise money towards a Medical Detection Dog and Lenham Lights. The ride is approximately 18 miles through the pretty Kent Countryside.

Last year we had over 60 riders, a disco bike, a bike with a bar and dogs riding in baskets! Coloured shirts are a must!

The raffle starts at 4.00pm and there will be a bouncy castle. There will also be a 'draw a dog' competition for our young budding artists in all age categories and a prize for the winner!

Dust your bike down and sign on for a fun day. For an entry and sponsorship form, please call Dave on 850659

Medical Detection Dogs train puppies to sniff out human disease, for example, breast cancer, prostate cancer, dangerously low blood sugar in Type 1 diabetes and serious nut allergies, among others. This is paid for by public donations and the 2019 Lenham Fun Bike Ride is hoping to raise a lot of money to train a puppy. Please come and support us at Lenham Social Club.

**Dave Flisher**



# Top Tips

## 55

Dialling '55' during a 999 call will not enable the emergency services to track your location.

Accidental 999 calls happen all the time, but operators may be unable to tell if a silent call is a real call for help. The emergency services receive millions of calls every year, most of which result in a request being made for emergency services such as police, fire or ambulance to attend. But, around 30 million calls a year do not follow the usual pattern, with no one speaking on the call.

However, The Home Office has had (or at least it did as of July this year) a system in place called Silent Solutions, which helps callers, such as domestic abuse victims, who cannot speak to an operator:

- If you have been able to signal that your call is an emergency, by coughing after dialling 999, then you will be put through to the police.
- If you are in danger, you could be asked to dial a number, for example, "55" or to give any other indication whilst on the line, otherwise the call could be terminated.
- If you make a 999 call but you are not able to speak, if, for example, someone is in your house, then the 999 control room will give you instructions in order to indicate to them that you are in need of help and that the call has not been made in error.
- Generally any sort of sound that the BT operator is not sure about will result in passing the call to the Police, even if the caller hangs up for whatever reason before they are connected.

## ATM PIN Number Reversal hoax email

We have been alerted to a hoax email that has been circulating purporting to originate from Crimestoppers. It claims that if you enter your pin number in reverse into a cash point the police will be sent to your location. This information is not true. This email did not originate with Crimestoppers. Its content is false.

If you receive this email or a similar one, please ignore it. The advice contained in the email is false, so there is no reason to forward the email onto anyone else.

**Martin Sherwood**, Kent Community Warden

## Christian Message

Our Bishop, the Rt Rev Trevor Willmott retired in May. During the 9 years of his ministry in Canterbury he has become fairly well known in the Len Valley and has confirmed many of our church members.

In his farewell Easter letter to the Diocese Bishop Trevor wrote that the story of Easter is not a fairy story but a story of hope. It is the hope from which all others take their meaning. In his words, 'it is not a wishy washy phenomenon, but the concrete assurance of a victory already won.' 'Vain optimism,' he went on, 'will not solve the divisions of our age nor will the temptation to give in to despair'. Quoting the epistle to the Hebrews, the Bishop wrote 'Faith is the assurance of things hoped for, the conviction of things not seen.'

He maintained that the Church is called to be a beacon of hope in our parishes and communities. Hope is hard and it is always costly to those who seek the way of reconciliation, justice and truth. 'Faith is the gift of God to his people', continued the Bishop, 'and the church is called to live and embody the kind of hope made real by faith – life changing concrete hope. Though we, the Diocese may be small in number and financially challenged, we must not give in to despair. We are people of hope.'

Bishop Trevor commented on the stories he has heard of those engaged in church-run food banks, night shelters and debt advice centres. 'I hear', he wrote, 'of people coming to faith through simple and honest human contact and compassion.'

As we in the Len Valley look back with gratitude to the ministry of Bishop Trevor and Mrs Willmott let's pray for his retirement and heed his call to be a beacon of hope.

***Joan Drury***



# Lenham Family Festival 2019

Entry to non-ticketed events is free of charge but throughout the weekend all our partners and stall holders will be raising money for our selected charities: Platts Heath Primary School, Lenham Meadows Trust and Carers Relief Service. A big thank you goes out to all our performers who have generously agreed to entertain us free of charge.

## **Thursday 6 June: Lenham Social Club 2pm to 4pm**

Sing-along entertainment with children from Platts Heath School for Hub Club members and friends.

## **Friday 7 June: Lenham Social Club 7.30pm**

Disco Evening!

## **Saturday 8 June: Main Family Festival Day at Lenham Community Centre**

Inside Main Hall: 12 noon to 4.30pm

Refreshments: Cakes, teas and coffees.

Entertainment: Live music, performances by HAMS, Lenham Film Club, Lenham Ballet School, Rosa's Zumba workout!

Outside: 12 noon to 6pm

Refreshments: Food Court with a variety of different foods and bar.

Entertainment: Live music.

Stalls: a variety of stalls with items for sale and entertainment to join in with.

Raffle at 4.30pm – Remember to buy your tickets!

## **Sunday 9 June: Lenham Village Square 9am to 1pm**

Six Penny Piece will be playing at the Farmers' Market - an acoustic mix of diverse styles, with a rocky, folkly heart.

**Sunday 25 August** we will be welcoming back Dancing Queen: The Concert to The Tithe Barn. Spend the Bank Holiday Sunday dancing the night away to the sounds of Abba and other 70s hits at this live tribute evening. For more details and information on how to purchase tickets, please contact Jill on 07856 204648.

We look forward to seeing you all and hope you have a fantastic time!

***Gail Robinson on behalf of the Lenham Family Festival Committee***

# Eat in or take away

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# The Kent County Show

The Kent County Show is organised by the Kent County Agricultural Society. The Show is the region's showcase event for farming, countryside and rural life. The three day show brings together the best food, animals, and fun that Kent has to offer and reveals the true spirit of "The Garden of England". It will be held on 5, 6, 7 July 2019 and will feature livestock and equine competitions, trade stands, food halls, the Heritage Vintage Vehicle Section, the Garden Life Marquee, and new for 2019 The International Dressage Show.

The Show has developed a new, refreshed equine timetable that includes over 10 new classes and 25 Horse of the Year Show qualifiers. The Kent County Show is the only show in the country to have an International Trial included in their showjumping timetable this summer. This is bolstered by further new showjumping classes of Senior Foxhunter 1.20m, Senior Newcomers/6 Year Old 1.10m, Senior Open 1.15m, British Novice 90cm and Senior Open 1m. For equine showing, new classes include Welsh A and B classes and an exercise driving class as well as hosting the VJ Championship for side saddle.

For competitors entering the Kent County Show's equine classes, a share of the over £40,000 prize money fund is up for grabs as well as the new Fitt Family Perpetual Trophy for the best Ridden Anglo or Part Bred Arab. £9,000 of the prize fund is allocated to the Show's International Trial with the top 20 riders on the Area and International Trials point list qualifying for the Queen Elizabeth II Cup at the BHS Royal International Horse Show.

The International Dressage Show will display top quality stunt riding and we also have a number of expert ring demonstrations in the pipeline.

The Kent County Show's new classes join its regular line up of heavy horse, show hunter pony, native breeds, ridden and working hunter classes, amongst others. The Show also hosts seven classes in the shoeing competition which are open to all registered farriers. For competitors, the Show also offers onsite stables if required.

Entries online can be made until 21 June for showjumping classes. Schedules, entry forms and more information are available from the Show Office. Contact Meghan Rice-Wilson on [meghan@kentshowground.co.uk](mailto:meghan@kentshowground.co.uk) or 01622 633057.

**<https://kentshowground.co.uk/compete/equine/>**

The Kent County Show is the Society's showcase event of the year and will host the 90th Show in 2019.

## Time to Talk - Funeral Matters

End-of-life questions? We all have some, but who do we ask?

Brief talks by a local doctor, funeral director, solicitor, care manager and vicar; lots of time to question and discuss. Everyone including carers and seniors welcome.

Harrietsham Village Hall, 14th June  
Lenham Community Centre, 5th July  
2- 4 pm Light refreshments provided

When do we talk about dying rather than prolonging life? How do I organise my money? I'm not religious: can I have a church service? What's best for a funeral? Can I choose care options? And many more questions...

## Heart of Kent Hospice Preston Hall, Aylesford ME20 7PU

We are holding open mornings for potential volunteers throughout 2019 and you are warmly invited to come along and find out about the amazing contribution you could make by giving the gift of time regularly or on an ad hoc basis.

We know from speaking to our volunteers that doing good does you good and is a good opportunity to broaden your experience and help a local charity which is important in the community.

We have a variety of volunteer roles available for example in our shops, with patients in the community or our Inpatient Unit, at our events or on our Living Well Sessions. If you have considered volunteering and can spare some time on a regular or occasional basis please do come and have a chat with us. All are welcome but we are particularly interested in meeting volunteers with training in the arts, music, storytelling, exercise techniques such as Tai Chi and Yoga and complementary therapies.

The next open morning is on Saturday 8th June from 10.00 am – 1 pm.

To find out more about us please call Volunteer Services on 01622 792200, email [volunteers@hokh.co.uk](mailto:volunteers@hokh.co.uk) or just drop in at one of the sessions.

'Life is like riding a bicycle. To keep your balance, you must keep moving.' Albert Einstein

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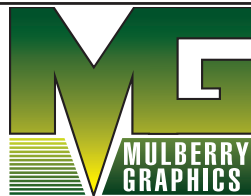
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